

OUTDOOR POOL SCHEDULE

Effective July 29 – August 16



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5 a.m.	Pool Closed	5 am – 7 am All Lanes Open & Lap Swim	5 am – 7 am All Lanes Open & Lap Swim	5 am – 7 am All Lanes Open & Lap Swim	5 am – 7 am All Lanes Open & Lap Swim	5 am – 7 am All Lanes Open & Lap Swim	Pool Closed	
6 a.m.		7 am – 10:45 am 4 lanes Shasta Sharks Swim Lessons	7 am – 10:45 am 4 lanes Shasta Sharks Swim Lessons	7 am – 10:45 am 4 lanes Shasta Sharks Swim Lessons	7 am – 10:45 am 4 lanes Shasta Sharks Swim Lessons	7 am – 10:45 am 4 lanes Shasta Sharks Swim Lessons		7 am – 10:45 am 4 lanes Shasta Sharks
7 a.m.								
8 a.m.								
9 a.m.		12 – 3 pm Open Swim	10:45 am – 4 pm All Lanes Open & Lap Swim	10:45 am – 4 pm All Lanes Open & Lap Swim	10:45 am – 4 pm All Lanes Open & Lap Swim	10:45 am – 4 pm All Lanes Open & Lap Swim	10:45 am – 4 pm All Lanes Open & Lap Swim	8 am – 10 am 4 – 5 lanes Shasta Sharks
10 a.m.								
11 a.m.								
12 p.m.	4 pm – 6 pm 4 lanes Shasta Sharks		4 pm – 6 pm 4 lanes Shasta Sharks	4 pm – 6 pm 4 lanes Shasta Sharks	4 pm – 6 pm 4 lanes Shasta Sharks	4 pm – 6 pm 4 lanes Shasta Sharks	4 pm – 6 pm 4 lanes Shasta Sharks	
1 p.m.								
2 p.m.								
3 p.m.	Pool Closed	6:15 pm – 8 pm All Lanes Open & Lap Swim	6:15 pm – 8 pm All Lanes Open & Lap Swim	6:15 pm – 8 pm All Lanes Open & Lap Swim	6:15 pm – 8 pm All Lanes Open & Lap Swim	6:15 pm – 8 pm All Lanes Open & Lap Swim	Pool Closed	
4 p.m.								
5 p.m.								
6 p.m.								
7 p.m.	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed		
8 p.m.								

Children 6 and under must be in direct contact with an adult.

Children 10 years and under must pass a swim test and have an adult present on deck.

No monofins or mermaid tails permitted.

Pool Schedules may change without prior notice. Private lessons may take place at any time.

Contact 246-9622 or visit sfymca.org

Rachel Forero, Aquatics Manager